

MASSAGE & BODY TREATMENTS

☼ **Hawaiian Lomi Lomi** (also known as Ka Huna Massage)

60min \$89 1½ hrs \$129 2 hrs \$149

The practitioner uses their hands, fingers and forearms in flowing movements over the body. By applying varying levels of pressure within this 'flow', areas of tension are freed up, releasing blocked energy and allowing the body, mind and emotions to return to a state of balance and well-being.

☼ **Pohaku Hawaiian Stone Therapy** **1½ hrs \$149**

Over 50 warm, 'silky smooth' Hawaiian stones, are used to intensify your massage and coax you into a deep level of 'blissful relaxation'. Your muscles and tension will just melt away under the heated stones and warm massaging hands. Heaven!

☼ **On The Go Stress Buster** **30 min \$49**

'Back, Neck and Shoulder Massage' followed by a 'Hot Towel Cleanse'

☼ **Hot Towel Cleanse** **15 min \$20**

The luxurious 'Hot Towel Cleanse' uses hot towels to remove product or excess oil from your body and can be added to the end of your massage.

☼ **Dry Body Brush** **30 min \$49**

Your whole body will be dry brushed to help to stimulate the lymphatic system, encourage detoxification and reveal fresh, skin cells. You will be surprised how good your skin feels. (A discount applies when combined with another treatment).

☼ **Body Scrub / Polish**

A body exfoliation using a crème 'Body Scrub' or Dead Sea Salts followed by a 'Hot Towel Cleanse'.

45 min \$79

Add a nourishing 'Body Moisturiser' application.

1 hour \$99

☼ **Body Wrap** **see packages below**

You are snugly wrapped while covered with mud or clay infused with essential oils and active ingredients, encourages detoxification while deeply nourishing and softening your skin.

☼ **Scrumptious Skin & Scalp Package** **1 hr \$99**

A full 'Body Brush' followed by a blissful crème 'Moisturiser' application then finish with a slow and relaxing 'Scalp massage'. (For everyone who ever wished the hairdresser would massage his or her scalp for just a little longer.)

☼ **Body Bliss Package** **1½ hrs \$155**

include a Mini Facial \$175

A stimulating 'Dry Body Brush', followed by a crème 'Body Scrub'. You will then find yourself snugly wrapped while a beautiful 'Body Wrap' infuses and works its magic on your skin while at the same time receiving a divine 'Scalp Massage'. Finish with a 'Hot Towel Cleanse' and application of nourishing 'Body Moisturiser' leaving you feeling completely pampered and radiant.

☼ **Heaven On Earth Package** **2 hrs \$170**

or 2½hrs \$190 (extra massage time)

A 'Dry Body Brush' is followed by a blissful crème 'Body Scrub', then receive an amazing 'Hawaiian Lomi Lomi' which includes some 'Pohaku Hawaiian Stones' and a relaxing 'Hot Towel Cleanse'.

☼ **Pregnancy Massage and Body Treatments**

We have a specially designed luxurious pregnancy massage table to ensure your comfort and we will use products that are safe and beneficial and assist in hydrating and nourishing the skin while relaxing the body and mind.

We can also create a treatment combination just for you!

Prices subject to change without notice.



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